



President  
Kennedy  
School  
*Building Brighter Futures*



# BTEC Level 3 National Diploma in Sport

At Barr's Hill we are committed to ensuring students receive top quality teaching and learning experiences. Students will be taught by experienced members of staff and will complete both internal and external units as part of the course. Alongside the course they will have character building opportunities to support them with their future aspirations.

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## BTEC Level 3 National Diploma in Sport

During this course you will study both external components (exam), and internal components (coursework). You will undertake mandatory units, and some optional units which will be based around practical activity. Support and guidance will be provided throughout the course and historically the average grade that student achieve on this course is D\*D.

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## Coaching Qualifications

A level 1/2 coaching qualification is the first stepping-stone on the coaching pathway. It will provide you with an introduction to coaching a certain sport, and working with players of all ages. Having a level 1 coaching qualification in 2 sports will support your university application and is a fantastic qualification to add to your CV. It shows that you have good communication skills, are keen to develop your sporting knowledge, and have experience working well with others.

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## Quality Coaching at Barr's Hill

At Barr's Hill we have a vast number of enrichment opportunities and provide access to sport on 3 levels- 1. To ensure all young people are physically active, 2. To develop school teams, 3. To develop elite players and help them to develop through providing links to external clubs. We have strong links with external agencies in Football, Basketball, Trampolining and Dance all on our doorstep! Students who study this course can take advantage of these links and train and coach with sporting specialists at a variety of levels.

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## Employment Opportunities

Once students have achieved their coaching badges there is a possibility of them being employed to run lunch and after school academies in their chosen sport. Students can be employed as coaches to help work with our school teams and put their coaching skills into practice.

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## Visiting Universities

Students will visit Loughborough University where they will have the opportunity to experience a day in one of the UK's leading higher education institutions. World renowned as a centre of sporting and academic excellence, students are given the opportunity to view world class sporting facilities and gain insight into university life and what it means to be a university student.

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## Tracksuit

Students will be able to purchase a full tracksuit and t-shirt at a discounted price. Due to the practical nature of the course they will be able to wear this during the days that they will be studying Sport.

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## Sports Tours

During the Easter holidays students can opt to attend a sporting tour where they will either travel abroad or stay in the UK and experience high quality coaching in a sport of their choice. They will play fixtures against other teams and have the opportunity to attend excursions that may be of interest to them. This action pack tour also builds in revision opportunities in preparation for the external assessments that students will take in summer.

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## For more information contact:

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## Careers

### Sports Therapist

#### What would I do?

- Seeing patients who have injured themselves through sport and assessing the injury
- Treating injuries through massage, mobilisations and electrotherapy and applying strapping
- Developing a programme for patients that is designed to restore the normal range of movement and function
- Helping team players prepare for a game and testing a player's fitness
- Offering first aid during a game if anyone is injured

**Starting:** £16,333  
**UK average:** £25,758

**Routes in:** Bachelor's degree

### Physical Education Teacher

#### What would I do?

- Planning lessons
- Marking students' work
- Meeting with parents and carers to discuss pupils' progress
- Organising outings and sporting events
- Attending meetings and training events

**Salary: Starting:** £22,917  
**UK average:** £33,824

**Routes in:** Bachelor's degree

### Sport and Exercise Scientist

#### What would I do?

- Working with sports coaches and sports therapists to assess individuals and teams and improve their performance
- Working alongside doctors to help improve a client's health through physical activity
- Working with hospitals and Primary Care Trusts to help improve a client's health
- Running clinics and services in local leisure centres
- Taking part in research projects

**Salary: Starting:** £17,199  
**UK average:** £53,750

**Routes in:** Bachelor's degree

### Company Director (Sport)

#### What would I do?

- Deciding on the direction the company should be heading in
- Monitoring the company's progress
- Appointing senior managers
- Making sure that the company is financially sound
- Being accountable to shareholders for the company's performance

**Salary: Starting:** £23,000  
**UK average:** £70,000

**Routes in:** Bachelor's degree

### Health Psychologist

#### What would I do?

- Addressing behaviour that damages health, such as smoking, over-eating and alcohol or drug abuse
- Encouraging people to look after their health and promoting healthy behaviour such as teeth cleaning and exercise
- Using psychological techniques to aid recovery
- Helping to improve communication between doctors, nurses and patients
- Studying the psychological effects of illness on patients and their families or carers

**Salary: Starting:** £18,972  
**UK average:** £41,923

**Routes in:** Bachelor's degree

### Personal Trainer

#### What would I do?

- Educate and motivate clients to help them follow their programmes
- Advise clients on achieving a healthy lifestyle
- Work with clients in the gym, supervising workouts and exercises
- Monitor and record progress
- Educate and motivate clients to help them follow their programmes

**Salary: Starting:** £18,500  
**UK average:** £30,000

**Routes in:** Bachelor's degree

## University

University	Entry requirements	Other similar courses offered
<b>Loughborough University</b> Sport and Exercise Sciences BSc (Hons)	BTEC Level 3 National Diploma: D*D* including Distinctions in all units in combination with a grade A in a preferred A-level subject.	Sport Management BSc (Hons) Sport and Exercise Psychology BSc (Hons) Sport, Coaching and Physical Education BSc (Hons)
<b>Durham University</b> Sport and Exercise Sciences BSc (Hons)	BTEC Diploma in Sport at DD and a further BTEC at grade D	Sport, Exercise and Physical Activity BA (Hons)
<b>University of Bath</b> Health and Exercise Sciences BSc (Hons)	A in one A level subject plus DD in the BTEC National Diploma (RQF)	Sport Management and Coaching BSc (Hons) Sport and Exercise Science BSc (Hons) Sport Management and Coaching BSc (Hons)
<b>University of Birmingham</b> Sport, Exercise & Health Sciences BSc (Hons)	BTEC Diploma in Sport and Science related subjects accepted in combination with an A level (D*D* including Distinctions in all units plus grade A in an accepted subject). For Sport Diploma the A level must be in a core science subject.	Sport, PE and Coaching Science BSc (Hons) Physiotherapy BSc (Hons)
<b>Coventry University</b> Sport, Exercise & Health Sciences BSc (Hons)	BTEC Diploma in Sport at DM and a further BTEC at grade M in a Science based subject	Sport and exercise therapy BSc (Hons) Sport and exercise psychology BSc (Hons) Sport Management BA (Hons)
<b>Cardiff Metropolitan University</b> Sport and Exercise Sciences BSc (Hons)	BTEC Diploma in Sport at DD and a further BTEC at grade M	Sport Coaching - BSc (Hons) Sport Management - BSc (Hons) Sport Media - BSc (Hons) Sport Studies - BSc (Hons)