

## Scheme of Work: Volleyball

**AIM:** Pupils will focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to confidently score and officiate volleyball games.

### Objectives of the Unit:

Prior learning	Language for learning	Resources
It is helpful if pupils have: Developed an understanding of simple net/wall game tactics, developed a range of ground and overhead shots, used criteria to identify key aspects of tactical play and technique, understood and identified specialist positions in net/wall games, umpired mini-versions of the recognized game	Through the activities in this unit pupils will be able to understand, use and spell correctly word relating to volleyball. Analyse, monitor, and evaluate individual and team play. Use of ICT to analyse techniques and performance. Working with others. Watch video/compare professional game. Communication Speaking and Listening. Cooperation & working together.	Volleyball balls Posts & nets Hoops (or similar targets)
<b>Outwitting an opponent:</b> Pupils to use a range of shots with accuracy, timing, control & consistency to outwit opponents. Pupils will identify different areas of the court and be able to place the ball to opposition's weaknesses. Pupils should develop the ability to become a reflective learner. Refinement of the learnt techniques will contribute to producing an improved performance and outwit opposition more frequently.	<b>Developing Physical and Mental Capacity</b> Use volleyball skills to develop observation skills on peer performances, skills and techniques as well as observing the use of tactics. Ask questions about the effectiveness of these tactics. Physical warm ups aid as a useful fitness tool in developing a pupils physical capacity.	<b>Developing Skills/Performance</b> Throughout this scheme pupils will develop the skills necessary to outwit opponents Pupils will replicate shots with control and accuracy. Serves, digs, sets, smashes, blocks & short and deep shots will be developed through game play and conditional situations. Demonstrating high quality performances and accurate replication will be assessed.
<b>Making and Applying Decisions</b> Pupils should be able to recognise the importance of responding to changing situations within the game in attack and defence. Pupils will be faced with strategic and tactical decisions based on the movement of the ball around the court using a variety of shots & skill execution. Opportunities to score/coach pupils or small groups will develop communication and decision making skills.	<b>Making Informed Choices About Healthy, Active Lifestyle</b> Suggest any volleyball clubs within the school timetable and promote community links. Highlight volleyball fitness needs and the necessary components of fitness needed. i.e. coordination, reaction time and agility. To understand why regular exercise has a positive effect on their health, fitness and social wellbeing.	<b>Evaluating and Improving</b> Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Provide opportunities for pupils to assessment own performance and implement strategies for improvement.
<b>Cross Curricular Links:</b> <b>Literacy:</b> C4TEEP: Key word, group discussions, small white boards, written answers, work of the week, structuring sentences to answer questions. <b>Maths:</b> Scoring, statistics, measurements, heart rates/pule rates. <b>ICT:</b> Photographic/video feedback, performance analysis software.		<b>Assessment:</b> Q & A, Formative and summative assessment. Q & A Formative and summative assessment. Students assessment booklets Assessment criteria- name matching Verbal feedback

### Extension & Enrichment

Out of lessons, at home and in the community, pupils could be encouraged to:

- Practice skills at home
- Take part in school sport, either competitively or socially
- Join clubs in the community and/or use local facilities
- Watch live and recorded matches, to appreciate high-quality performance
- Make up games that focus on improving technique and fitness
- Read rule books and sports reports in newspapers and magazines

## BRONZE LESSONS

<p><b>Introduce set technique</b></p> <ul style="list-style-type: none"> <li>To be able to accurately replicate basic volley technique.</li> <li>To be able to demonstrate &amp; use volley in a game situation responding to changes.</li> <li>To understand the basic scoring and rules of volleyball.</li> <li>To begin to outwit opponents with the movement of the ball.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led. 3’s; start sat down. Explore ways to keep ball alive. 1 touch each. Can’t touch it twice in a row.</li> <li>Competition. How many in minute. Teaching points; use finger tips, don’t catch ball. Discuss difficulties sat down. Stand up-Squat position + bend knees, Elbow’s out. 1-1 practice volley – feed and volley. 3’s competition, keep ball up for 1 minute. 4 vs 4 small sided games.</li> <li>Basic rules &amp; scoring of V’ball over net –3 touches – King of the court.</li> </ul>	<p><b>Introduce dig technique</b></p> <ul style="list-style-type: none"> <li>To perform and replicate the dig technique with control and accuracy.</li> <li>To develop the skill of outwitting an opponent using a combination of shots.</li> <li>To be able to accurately replicate a variety of shots in a small sided game implementing basic strategies and tactics.</li> <li>To understand the scoring system during a volleyball game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led pulse raiser. Pairs- Recap volley technique in a 2 min keepy uppy rally.</li> <li>Intro dig. Watch professionals in video clip. Dig used when ball is low- recovery. Set is high- attack preparation. Teaching points; Squat position, Palms together, Feet shoulder width apart. 1-1 free practice. In 3’s; feed-volley-dig – rotate (use net).</li> <li>4v4 small sided games – have to use all three touches before returning the ball. No punching ball. Score to 21. 5 minute games. King of the court-winners up, losers down.</li> </ul>	<p><b>Basic underarm service</b></p> <ul style="list-style-type: none"> <li>To accurately replicate serving technique.</li> <li>To be able to strike the ball consistently with enough height and weight to the serve.</li> <li>To begin to develop strategic and tactical play during a rally.</li> <li>To begin to score &amp; officiate a competitive game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led pulse raiser. Pairs- Recap volley &amp; dig technique in a 2 min keepy uppy rally.</li> <li>Competition- no of consecutive shots. Intro rules of serve &amp; technique. 3’s – Serve trying to hit cone/target. Serve, dig and volley drill. Teaching points; underarm or overhead, aim for gaps in opposition half, side on, and eye on ball.</li> <li>4v4 small sided games. Recap rules &amp; scoring. Intro a serving order. Must stick to it throughout game.</li> <li>King of the court-winners up, losers down.</li> </ul>
<p><b>Use of 3 touches/tactical development</b></p> <ul style="list-style-type: none"> <li>To understand how 3 touches may be used to create the perfect attacking strategy.</li> <li>To begin to analyse opponents weaknesses &amp; devise strategies to exploit them.</li> <li>To understand how to adjust shot selection to enable the outwitting of opponents.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up– Pairs-recap prior learning in a 2 min rally.</li> <li>Discuss power &amp; vertical jump ability and the importance to volleyball. Discuss use of 3 touches and its importance.</li> <li>Teams of 5. Conditioned game- must use the 3 touches or team loses the point. (Dig, set, spike sequence is perfect!) First to 21.</li> <li>5 vs 5 small competition. King of the court-winners up, losers down. Recap rules &amp; scoring. Introduce correct service rotation.</li> </ul>	<p><b>Outwitting opposition</b></p> <ul style="list-style-type: none"> <li>To develop their understanding and knowledge of basic outwitting strategies.</li> <li>To understand and develop the use of tactics and shot selection.</li> <li>To refine tactics based on opponents weaknesses.</li> <li>To be able to assess &amp; evaluate own performance and weaknesses.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led. Watch game clip - Brainstorm possible volleyball tactics- use of 3 shots? angles and ball direction? What are attacking and defensive type shots.</li> <li>3vs3 to experiment with tactical and positional ideas. Feedback to group. (3 back and 2 front, or 2, 1, 2.) 5v5 games.</li> <li>Recap rules &amp; scoring. New rule – can’t touch net. Score to 21. King of the court-winners up, losers down.</li> </ul>	<p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.</li> <li>To develop knowledge and understanding of the rules in volleyball.</li> <li>To demonstrate a variety of tactics based on the movements of others and the ball.</li> <li>To understand how peers may improve quality of shot replication.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up in 4’s– Recap prior learning in a 3 min rally. Highlight assessment criteria. Play and perform a range of shots in 2vs2 small grid game. Use the correct technique and show ability to outwit opposition. 5 vs 5 full game.</li> <li>Tournament to allow all pupils to progress to max level with differentiated matches.</li> <li>Pupils get half time to discuss tactics and improve performance. Teacher grades against NC levels.</li> </ul>

## SILVER LESSONS

<p><b>Volley/Set</b></p> <ul style="list-style-type: none"> <li>○ To be able to accurately replicate basic volley technique.</li> <li>○ To be able to demonstrate &amp; use volley in a game situation responding to changes.</li> <li>○ To understand the basic scoring and rules of volleyball.</li> <li>○ To begin to outwit opponents with the movement of the ball.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led. 3’s; start sat down. 1 touch each. Can’t touch it twice in a row. How many in minute?</li> <li>○ Recap teaching points; use finger tips, don’t catch ball. Discuss difficulties sat down. Stand up-Squat position + bend knees, Elbow’s out. 1-1 practice volley – feed and volley. 3’s competition, keep ball up for 1 minute.</li> <li>○ 4 vs 4 small sided games. Recap rules &amp; scoring of volleyball –3 touches – King of the court.</li> </ul>	<p><b>Dig</b></p> <ul style="list-style-type: none"> <li>○ To perform and replicate the dig technique with control and accuracy.</li> <li>○ To develop the skill of outwitting an opponent using a combination of shots.</li> <li>○ To be able to accurately replicate a variety of shots in a small sided game implementing basic strategies and tactics.</li> <li>○ To understand the scoring and rotation system during a volleyball game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led pulse raiser.</li> <li>○ Pairs- Recap volley technique in a 2 min keepy uppy rally. Recap dig. Dig used when ball is low- for recovery. Set is high- attack preparation.</li> <li>○ Teaching points; Squat position, Palms together, Feet shoulder width apart. 1-1 free practice.</li> <li>○ In 3’s; feed-volley-dig – rotate (use net).</li> <li>○ 4v4 small sided games – have to use all three touches before returning the ball. No punching ball.</li> <li>○ Score to 21. 5 minute games. King of the court-winners up, losers down.</li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Serves (underarm or overhead)</b></li> <li>○ To accurately replicate serving technique.</li> <li>○ To be able to outwit opponents using the serve with control &amp; accuracy.</li> <li>○ To understand the importance of movement and ball placement in order to win points.</li> <li>○ To begin to develop strategic and tactical play during a rally.</li> <li>○ To confidently score &amp; officiate a full game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led pulse raiser. Pairs- Recap volley &amp; dig technique in a 2 min keepy uppy rally.</li> <li>○ Competition- no of consecutive shots. Recap rules of serve &amp; suggest the 2 ways of serving. 3’s –Serve trying to hit cone/target. Experiment with overhead and underarm.</li> <li>○ Teaching points; underarm or overhead, aim for gaps in opposition half, side on, and eye on ball. 4v4 small sided games.</li> <li>○ Recap rules &amp; scoring. King of the court-winners up, losers down.</li> </ul>
<p><b>Spike</b></p> <ul style="list-style-type: none"> <li>○ To begin to understand the movement and preparation for an accurate spike.</li> <li>○ To understand the importance of body movement before the shot.</li> <li>○ To begin to analyse opponents weaknesses &amp; devise strategies to exploit them.</li> <li>○ To understand how to adjust shot selection to enable the outwitting of opponents.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up in 4’s– Recap prior learning in a 3 min rally. Highlight assessment criteria. Play and perform a range of shots in 2vs2 small grid game.</li> <li>○ Use the correct technique and show ability to outwit opposition. 6 vs 6 full game.</li> <li>○ Tournament to allow all pupils to progress to max level with differentiated leagues.</li> <li>○ Pupils organise a full size tournament, officiate, and score matches.</li> <li>○ Teacher grades against NC levels.</li> </ul>	<p><b>Tactics/Outwitting opposition</b></p> <ul style="list-style-type: none"> <li>○ To develop their understanding and knowledge of basic outwitting strategies.</li> <li>○ To understand and develop the use of tactics and shot selection.</li> <li>○ To refine tactics based on opponents weaknesses.</li> <li>○ To be able to assess &amp; evaluate own performance and weaknesses.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led.</li> <li>○ Watch game clip - Brainstorm possible volleyball tactics- use of 3 shots? angles and ball direction? What are attacking and defensive type shots. 3vs3 to experiment with tactical ideas. Feedback to group.</li> <li>○ Teaching points; 6 players &amp; full rotation. Roles and responsibilities at each point. 6v6 games.</li> <li>○ Recap rules &amp; scoring. 3 touches. Score to 21. King of the court-winners up, losers down.</li> </ul>	<ul style="list-style-type: none"> <li>○ <b>Assessment</b></li> <li>○ To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.</li> <li>○ To develop knowledge and understanding of the rules in volleyball.</li> <li>○ To demonstrate a variety of tactics based on the movements of others and the ball.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up in 4’s– Recap prior learning in a 3 min rally.</li> <li>○ Highlight assessment criteria. Play and perform a range of shots in 2vs2 small grid game. Use the correct technique and show ability to outwit opposition. 6 vs 6 full game.</li> <li>○ Tournament to allow all pupils to progress to max level with differentiated leagues. Pupils organise a full size tournament, officiate, and score matches.</li> <li>○ Teacher grades against NC levels.</li> </ul>

## GOLD LESSONS

<p><b>Set</b></p> <ul style="list-style-type: none"> <li>To be able to accurately replicate the set technique.</li> <li>To be able to demonstrate &amp; use volley in a game situation responding to changes.</li> <li>To show an understanding of the rules and rotation of volleyball.</li> <li>To show ways of outwitting opposition with the movement of the ball from the back of the court to front.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led. 3’s; start sat down. 1 touch each. Can’t touch it twice in a row. Competition. How many in minute.</li> <li>Teaching points; use finger tips, don’t catch ball, squat position + bend knees, Elbow’s out. 1-1 practice volley – feed and volley. 3’s competition, keep ball up for 1 minute.</li> <li>5 vs 5 small sided games. Basic rules &amp; scoring of Volleyball over net – use of 3 touches should be emphasised (from dig to set and smash).</li> <li>King of the court competition.</li> </ul>	<p><b>Dig</b></p> <ul style="list-style-type: none"> <li>To perform and replicate the dig technique with control and fluency.</li> <li>To develop the skill of outwitting an opponent using a combination of shots.</li> <li>To be able to accurately replicate a variety of shots in a small sided game implementing strategies and tactics.</li> <li>To understand and demonstrate the scoring and rotation system during a volleyball game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led pulse raiser.</li> <li>Pairs- Recap volley technique in a 2 min keepy uppy rally. Dig. Watch professionals in video clip. Dig used when ball is low- recovery. Set is high-attack preparation.</li> <li>Teaching points; Squat position, Palms together, Feet shoulder width apart. 1-1 free practice. In 3’s; feed-volley-dig – rotate (use net).</li> <li>5v5 small sided games – have to use all three touches before returning the ball.</li> <li>No punching ball. Score to 21. 5 minute games. King of the court-winners up, losers down.</li> </ul>	<p><b>Overhead serves</b></p> <ul style="list-style-type: none"> <li>To accurately replicate serving technique.</li> <li>To be able to outwit opponents using the serve with control &amp; accuracy.</li> <li>To understand the importance of movement and ball placement in order to win points.</li> <li>To begin to develop strategic and tactical play during a rally.</li> <li>To confidently score &amp; officiate a full game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led pulse raiser.</li> <li>Pairs- Recap volley &amp; dig technique in a 2 min keepy uppy rally. Competition- no of consecutive shots. Intro overhead serve &amp; technique breakdown. Similar to tennis serving motion. 3’s –Serve trying to hit cone/target.</li> <li>Teaching points; underarm or overhead, aim for gaps in opposition half, side on, and eye on ball.</li> <li>5v5 small sided games. Recap rules &amp; scoring. King of the court-winners up, losers down.</li> </ul>
<p><b>Spike</b></p> <ul style="list-style-type: none"> <li>To be able to accurately replicate the spike technique.</li> <li>To understand the importance of movement and preparation for a smash shot.</li> <li>To begin to analyse opponents weaknesses &amp; devise strategies to exploit them.</li> <li>To understand how to adjust shot selection to enable the outwitting of opponents.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up– Pairs-recap prior learning in a 2 min rally.</li> <li>Discuss power &amp; vertical jump ability and the importance to volleyball. All pupils to record vertical high jump score.</li> <li>Watch video clip of volleyball rallies –focus on spike. 3’s -Perform dig, set &amp; spike sequence.</li> <li>Teaching points; Take above head height, aim with non striking hand, attack ball near net, angle/aim for the ground.</li> <li>5 vs 5 small games. Recap rules, rotation &amp; scoring. King of the court-winners up, losers down.</li> </ul>	<p><b>Tactics/Blocking</b></p> <ul style="list-style-type: none"> <li>To develop their understanding and knowledge of basic outwitting strategies.</li> <li>To understand the importance of timing and develop the use of the block.</li> <li>To understand how peers may improve quality of shot replication.</li> <li>To be able to assess &amp; evaluate own performance and weaknesses.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up – Student led.</li> <li>Watch game clip - Brainstorm possible volleyball tactics- use of 3 shots? angles and ball direction?</li> <li>Draw on the whiteboard group ideas. 3’s to experiment with blocking technique. 1 feeder, 1 smasher, 1 blocker. Use badminton net.</li> <li>Teaching points; timing of jump, hands together. 6v6 games.</li> <li>Recap rules &amp; scoring. Score to 21. King of the court-winners up, losers down.</li> </ul>	<p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.</li> <li>To develop knowledge and understanding of the rules in volleyball.</li> <li>To demonstrate a variety of tactics based on the movements of others and the ball.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>Warm up in 4’s– Recap prior learning in a 3 min rally.</li> <li>Highlight assessment criteria. Play and perform a range of shots in 2vs2 small grid game. Use the correct technique and show ability to outwit opposition. 6 vs 6 full game.</li> <li>Pupils organise a full size tournament, officiate, and score matches.</li> <li>Teacher grades against NC levels.</li> </ul>

## PLATINUM LESSONS

<p><b>Set</b></p> <ul style="list-style-type: none"> <li>○ To be able to accurately replicate the set technique effectively.</li> <li>○ To be able to demonstrate &amp; use volley in a game situation responding to changes.</li> <li>○ To know the rules and rotation of volleyball.</li> <li>○ To show ways of outwitting opposition with the movement of the ball from the back of the court to front using an effective set shot</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led. 3’s; start sat down. 1 touch each. Can’t touch it twice in a row. Competition. How many in minute.</li> <li>○ Teaching points; use finger tips, don’t catch ball, squat position + bend knees, Elbow’s out. 1-1 practice volley – feed and volley. 3’s competition, keep ball up for 1 minute.</li> <li>○ 5 vs 5 small sided games. Basic rules &amp; scoring of Volleyball over net – use of 3 touches should be emphasised (from dig to set and smash).</li> <li>○ King of the court competition.</li> </ul>	<p><b>Dig</b></p> <ul style="list-style-type: none"> <li>○ To perform and replicate the dig technique with control and fluency.</li> <li>○ To be able to outwit an opponent using a combination of shots.</li> <li>○ To be able to accurately replicate a variety of shots in a full game implementing strategies and tactics.</li> <li>○ To understand and demonstrate the scoring and rotation system during a volleyball game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led pulse raiser.</li> <li>○ Pairs- Recap volley technique in a 2 min keepy uppy rally. Dig. Watch professionals in video clip. Dig used when ball is low- recovery. Set is high-attack preparation.</li> <li>○ Teaching points; Squat position, Palms together, Feet shoulder width apart. 1-1 free practice. In 3’s; feed-volley-dig – rotate (use net).</li> <li>○ 5v5 small sided games – have to use all three touches before returning the ball.</li> <li>○ No punching ball. Score to 21. 5 minute games. King of the court-winners up, losers down.</li> </ul>	<p><b>Overhead serves</b></p> <ul style="list-style-type: none"> <li>○ To accurately replicate serving technique and use a variety of placement</li> <li>○ To be able to outwit opponents using the serve with control &amp; accuracy.</li> <li>○ To understand the importance of movement and ball placement in order to win points.</li> <li>○ To use strategic and tactical play during a rally.</li> <li>○ To confidently score &amp; officiate a full game.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led pulse raiser.</li> <li>○ Pairs- Recap volley &amp; dig technique in a 2 min keepy uppy rally. Competition- no of consecutive shots. Intro overhead serve &amp; technique breakdown. Similar to tennis serving motion. 3’s –Serve trying to hit cone/target.</li> <li>○ Teaching points; underarm or overhead, aim for gaps in opposition half, side on, and eye on ball.</li> <li>○ 5v5 small sided games. Recap rules &amp; scoring. King of the court-winners up, losers down.</li> </ul>
<p><b>Spike</b></p> <ul style="list-style-type: none"> <li>○ To be able to accurately replicate the spike technique.</li> <li>○ To understand the importance of movement and preparation for a smash shot.</li> <li>○ To begin to analyse opponents weaknesses &amp; devise strategies to exploit them.</li> <li>○ To use shot selection to enable the outwitting of opponents.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up– Pairs-recap prior learning in a 2 min rally.</li> <li>○ Discuss power &amp; vertical jump ability and the importance to volleyball. All pupils to record vertical high jump score.</li> <li>○ Watch video clip of volleyball rallies –focus on spike. 3’s -Perform dig, set &amp; spike sequence.</li> <li>○ Teaching points; Take above head height, aim with non striking hand, attack ball near net, angle/aim for the ground.</li> <li>○ 5 vs 5 small games. Recap rules, rotation &amp; scoring. King of the court-winners up, losers down.</li> </ul>	<p><b>Tactics/Blocking</b></p> <ul style="list-style-type: none"> <li>○ To have good understanding and knowledge of basic outwitting strategies.</li> <li>○ To understand the importance of timing and develop the use of the block.</li> <li>○ To understand how peers may improve quality of shot replication.</li> <li>○ To be able to assess &amp; evaluate own performance and weaknesses.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up – Student led.</li> <li>○ Watch game clip - Brainstorm possible volleyball tactics- use of 3 shots? angles and ball direction?</li> <li>○ Draw on the whiteboard group ideas. 3’s to experiment with blocking technique. 1 feeder, 1 smasher, 1 blocker. Use badminton net.</li> <li>○ Teaching points; timing of jump, hands together. 6v6 games.</li> <li>○ Recap rules &amp; scoring. Score to 21. King of the court-winners up, losers down.</li> </ul>	<p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>○ To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.</li> <li>○ To have a clear understanding and knowledge of the rules in volleyball.</li> <li>○ To demonstrate a variety of tactics based on the movements of others and the ball.</li> </ul> <p><b>Task Examples</b></p> <ul style="list-style-type: none"> <li>○ Warm up in 4’s– Recap prior learning in a 3 min rally.</li> <li>○ Highlight assessment criteria. Play and perform a range of shots in 2vs2 small grid game. Use the correct technique and show ability to outwit opposition. 6 vs 6 full game.</li> <li>○ Pupils organise a full size tournament, officiate, and score matches.</li> <li>○ Teacher grades against NC levels.</li> </ul>

